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NEWS RELEASE

**GOLD CANYON ANNOUNCES LAST TWO HOLES END IN
MINERALIZATION FROM SPRINGPOLE WINTER PROGRAM**

Gold Canyon Resources Inc. (GCU: TSX-V) (“Gold Canyon” or “the Company”) is pleased to announce it has received remaining gold assays from its Winter drill program on its 100% controlled Springpole gold project in the Red Lake Mining District in Ontario, Canada.

- Hole SP10-005 encountered 55.0 meters at 2.21 grams per tonne gold (180.4 feet at 0.065 oz per ton). The hole was drilled on the adjacent section 50m southeast and lies 85 meters east of the previously announced hole SP10-002 (see press release dated April 6, 2010) which encountered 64.0 meters at 3.30 grams per tonne gold (209.9 feet at 0.096 oz per ton). Although this hole terminated in mineralization, it indicates good continuity of the “Portage Zone” in this direction.
- Hole SP10-006 encountered 37 meters at 1.56 grams per tonne gold (121.4 feet at 0.046 oz per ton gold) within 73 meters at 1.00 grams per tonne gold (239.4 feet at 0.029 oz per ton). This hole is a 200 meters stepout southeast of hole SP10-002 providing further support for good strike continuity of the Portage Zone. In addition, this hole intersected the Portage zone approximately 40 meters deeper than holes SP10-002 and -005 suggesting this zone remains open at depth. Like hole SP10-005, this hole also ended in mineralization.
- Remaining silver assays are expected back shortly.
- A Winter 2010 Drill Program Drill Hole Collars and Drill Traces map is available at:
<http://www.goldcanyon.ca/i/gallery/springpole/maps/SP2010-Winter-Drill-Program-03-May-10.jpg>

“Although we are disappointed that we had to terminate holes SP10-005 and -006 in mineralized rock when warm temperatures forced the end of our drill program in March, we are very pleased that both holes intersected stout intervals of porphyry style mineralization along the Portage zone,” states Dr. Quinton Hennigh, technical advisor to Gold Canyon. “We are seeing good strike continuity develop along the Portage zone to the southeast of hole SP10-002. These results make us anxious to resume drilling in June, and we have a very good idea where we will pick up the program.”

Table Summarizing Assay Results from Holes SP10-001 through SP10-006:

Portage Zone:

Hole	From (m)	To (m)	Length (m)	Gold (gpt)	Silver (gpt)	Tellurium (ppm)	Length (ft)	Gold (opt)	Silver (opt)
Previously reported:									
SP10-002	113.0	115.0	2.0	1.18	1.50	3.79	6.6	0.034	0.044
	140.0	141.0	1.0	1.60	12.40	10.70	3.3	0.047	0.362
	164.0	168.0	4.0	1.70	10.38	8.40	13.1	0.050	0.303
	180.0	181.0	1.0	1.38	24.70	12.80	3.3	0.040	0.721
	217.0	218.0	1.0	5.00	10.10	20.60	3.3	0.146	0.295
	247.0	311.0	64.0	3.30	14.51	16.59	209.9	0.096	0.424
<i>includes</i>	254.0	263.0	9.0	5.86	18.12	21.56	29.5	0.171	0.529
<i>includes</i>	277.0	284.0	7.0	7.23	27.26	27.86	23.0	0.211	0.796
New results:									
SP10-005	135.0	142.0	7.0	1.50	*	*	23.0	0.044	*
	213.0	268.0	55.0	2.21	*	*	180.4	0.065	*
	213.0	218.0	5.0	4.29	*	*	16.4	0.125	*
	222.0	223.0	1.0	16.28	*	*	3.3	0.475	*
<i>Hole ends in mineralization</i>									
SP10-006	191.0	193.0	2.0	3.63	*	*	6.6	0.106	*
	225.0	226.0	1.0	3.24	*	*	3.3	0.095	*
	278.0	363.0	85.0	0.93	*	*	278.8	0.027	*
<i>includes</i>	290.0	363.0	73.0	1.00	*	*	239.4	0.029	*
<i>includes</i>	306.0	343.0	37.0	1.56	*	*	121.4	0.046	*
<i>Hole ends in mineralization</i>									

Camp Zone:

Hole	From (m)	To (m)	Length (m)	Gold (gpt)	Silver (gpt)	Tellurium (ppm)	Length (ft)	Gold (opt)	Silver (opt)
Previously reported:									
SP10-001	12.5	34.0	21.5	1.31	*	*	70.5	0.038	*
	50.0	58.0	8.0	1.90	*	*	26.2	0.055	*
<i>includes</i>	54.0	58.0	4.0	3.44	*	*	13.1	0.100	*
	89.0	91.0	2.0	1.74	*	*	6.6	0.051	*
	118.0	127.0	9.0	1.84	*	*	29.5	0.054	*
SP10-003	70.0	71.0	1.0	1.29	*	*	3.3	0.038	*
	77.0	78.0	1.0	1.20	*	*	3.3	0.035	*
	109.0	110.0	1.0	1.82	*	*	3.3	0.053	*
	130.0	131.0	1.0	2.09	*	*	3.3	0.061	*
	143.0	147.0	4.0	1.00	*	*	13.1	0.029	*
	217.0	219.0	2.0	3.56	*	*	6.6	0.104	*
SP10-004	31.0	72.0	41.0	1.08	*	*	134.5	0.032	*
<i>includes</i>	31.0	49.0	18.0	1.40	*	*	59.0	0.041	*
<i>includes</i>	36.0	38.0	2.0	2.21	*	*	6.6	0.065	*
	83.0	87.0	4.0	3.02	*	*	13.1	0.088	*
	94.0	95.0	1.0	1.04	*	*	3.3	0.030	*
	101.0	103.0	2.0	1.08	*	*	6.6	0.032	*
	107.0	109.0	2.0	1.61	*	*	6.6	0.047	*
	116.0	121.0	5.0	1.05	*	*	16.4	0.031	*
	140.0	143.0	3.0	1.22	*	*	9.8	0.036	*
	147.0	148.0	1.0	1.20	*	*	3.3	0.035	*
	152.0	154.0	2.0	1.08	*	*	6.6	0.032	*
	159.0	160.0	1.0	1.36	*	*	3.3	0.040	*
	216.0	217.0	1.0	1.06	*	*	3.3	0.031	*
	247.0	248.0	1.0	1.03	*	*	3.3	0.030	*

m = meter, gpt = grams per tonne, ppm = parts per million, ft = feet, opt = oz per ton

* = awaiting assays and analyses

Core was logged, then split using diamond saws, with one half sent for analyses and the other half stored for future reference. Quality control programs include the use of duplicates, standards and internal and external check assaying. Certified sample standards were submitted with the normal sample stream. Gold and silver assays and tellurium analyses were completed by SGS Canada Inc. in Red Lake and Toronto, Ontario using a 30 gram charge, fire assay, with an ICP finish. For over limit assay results, initial assays in excess of 10.0 gpt Au, a gravimetric finish is utilized. Multielement geochemical analyses including tellurium were performed by ICP-MS following a three acid digestion.

Quinton Hennigh, Ph.D., P.Geo., is the Qualified Person pursuant to National Instrument 43-101 responsible for, and has reviewed and approved, the technical information contained in this news release. Dr. Hennigh is acting as a technical advisor to Gold Canyon.

About Gold Canyon Resources Inc.:

Gold Canyon is engaged in the acquisition and exploration of mineral and precious metals properties. The Company controls a 100% interest in the Springpole Gold - Horseshoe Island Gold, Platinum, Palladium Project and Favourable Lake Poly-metallic property currently under option to Shoreham Resources Inc. pursuant to an option and joint venture agreement entered into in December 2005 - all in the Red Lake Mining District of Ontario, Canada.

Through its wholly owned U.S. subsidiary, Gold Canyon Resources USA Inc., the Company controls a 100% interest in the Cordero Gallium Project situated in Humboldt County, Nevada, U.S.A.

Gold Canyon entered into a Joint Exploration Agreement with the Japan Oil, Gas and Metals National Corporation (JOGMEC) in January 2009.

Additional information can be found on the Company's website: www.goldcanyon.ca

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